



IYALY SRL VIA POLA 23, 20124 MILAN (MI) WWW.IYALY.COM

TECHNICAL DATA SHEET rev.1.00

PRODUCT NAME:

ENERGYSURGE

Mix of carbohydrates,
**CAFFTOP, Beta-Alanine and
minerals.**

FORMAT:

6 vials x 30 ml

SHELF LIFE:

36 MONTHS

ARTICLE CODE:

INT015

MADE IN ITALY



PRODUCT DESCRIPTION:

Ambroslyaly EnergySurge is a dietary supplement formulated for those who exercise and want targeted energy support to improve performance, delay fatigue and aid recovery. Its formulation, which combines minerals, carbohydrates, amino acids and plant extracts, is designed to be taken shortly before exercise, providing an immediate energy boost and prolonged support training. Let's discover its components and their functions in detail. The synergy of the ingredients improves sports performance and optimises recovery. The carbohydrate mix provides immediate and prolonged energy, Beta-alanine increases muscular endurance, CAFFTOP gives a mental and physical boost, Mate stimulates the metabolism and protects against oxidative stress, while the minerals maintain the hydrosaline balance. The result is a supplement that not only improves performance training, but also helps fatigue and promote recovery. It is particularly suitable for: athletes practising high-intensity activities (e.g. weightlifting, crossfit), those engaged in endurance activities (e.g. running, cycling), those seeking energy support for morning workouts or after a tiring day. Thanks to its balanced formulation, it is suitable for athletes of all levels, from amateurs to professionals, who are looking for an effective and reliable product.

INGREDIENTS:

Purified water, maltodextrin (DE18), dextrose, fructose, tribasic magnesium citrate, potassium citrate, beta-alanine, CAFFTOP HRD (mixture of: Guarana - Paullinia cupana Kunth, seeds; Mate - Ilex paraguariensis St. Hill., leaves; Cola nuts - Cola acuminata Sch. et Endl, seeds), Vitamin C (L-ascorbic acid), flavouring: orange, mint; acidifier: citric acid; preservatives: sodium benzoate, potassium sorbate; salt (sodium chloride).

HOW TO USE:

We recommend taking one vial a day, within 30 minutes before a sports engagement (competition or training). Shake well before use.

AVERAGE CONTENT:

AVERAGE CONTENT	Per daily dose*	VNR** (%)
Maltodextrins	7,8 g	-
Dextrose	3 g	-
Fructose	2,7 g	-
Cafftop <i>Of which caffeine</i>	400 mg 80 mg	-
Beta-alanine	500 mg	-
Magnesium	187.5 mg	50
Potassium	300 mg	15
Vitamin C	80 mg	100

=daily dose * 30 ml

VNR**: Nutrient Reference Values (adults) according to EU Reg. 1169/2011

PHYSIOLOGICAL EFFECTS:

Dietary supplement containing minerals, carbohydrates, beta-alanine and plant extracts to be taken shortly physical activity. The mix of carbohydrates (maltodextrin DE18, dextrose and fructose) provides sufficient energy to support physical activity. CAFFTOP is a blend of Guarana and Cola extracts with a tonic action, useful in cases of physical and mental fatigue. Mate is an antioxidant that promotes the physiological stimulation of metabolism.

WARNINGS:

Food supplements are not intended as a substitute for a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of reach of children under three years of age. Not recommended for children, pregnancy and lactation.

NET QUANTITY:

180 ml 6.09 fl. oz

CONSERVATION :

Store in a cool, dry place and away from light and heat sources. The expiry date refers to the product in unopened and correctly stored packaging.

ALLERGEN DECLARATION:

IYALY Srl. declares that, on the basis of the documentation delivered by the suppliers, the product contains/does not contain the substances that may cause allergies or intolerances mentioned in Annex II of EU Regulation no. 1169/2011, as per the table below.

ALLERGENS	PRESENCE OF THE ALLERGEN IN THE PRODUCT	INGREDIENT IN WHICH THE ALLERGEN IS CONTAINED	PRESENCE OF THE ALLERGEN INGREDIENT ESTABLISHMENT OR ALLERGEN RESIDUE OF AN INGREDIENT
1. Cereals containing gluten, namely: wheat, rye, barley, oats, spelt, kamut or their hybridised strains, and products , with the exception of (a) wheat-based glucose syrups, including dextrose (*); (b) wheat-based maltodextrins (*); (c) barley-based glucose syrups; (d) cereals used for making alcoholic distillates, including ethyl alcohol of agricultural origin (*) and derived products, insofar as the processing undergone is not such as to increase the level of allergenicity assessed by the Authority for the basic product from which they are derived.	NO	NO	NO
2. Crustaceans and crustacean products.	NO	NO	NO
3. Eggs and egg products.	NO	NO	NO
4. Fish and fish products with the exception of: (a) fish gelatine used as a carrier for vitamin or carotenoid preparations; (b) gelatine or fibreglass used as a softening agent in beer and wine.	NO	NO	NO
5. Peanuts and peanuts.	NO	NO	NO
6. Soybean and soybean products, with the exception of (a) refined soybean oil and soybean fat (*); (b) natural mixed tocopherols (E306), natural D-alpha tocopherol, natural D-alpha tocopherol acetate, natural D-alpha tocopherol succinate from soybean sources; (c) vegetable oils derived from phytosterols and phytosterol esters from soybean sources; (d) plant stanol esters produced from plant oil sterols from soybean sources. (*) And derived products, insofar as the treatment to which they have been subjected is not likely to increase the level of allergenicity assessed by the Authority for the product from which they are derived.	NO	NO	NO
7. Milk and milk products (including lactose), except : (a) whey used in the manufacture alcoholic distillates, including ethyl alcohol of agricultural origin; (b) lactic acid.	NO	NO	NO
8. Nuts, namely: almonds (<i>Amygdalus communis</i> L.), hazelnuts (<i>Corylus avellana</i>), walnuts (<i>Juglans regia</i>), cashews (<i>Anacardium occidentale</i>), pecans (<i>Carya illinoensis</i> (Wangenh.) K. Koch), Brazil nuts (<i>Bertholletia excelsa</i>), pistachio nuts (<i>Pistacia vera</i>), macadamia nuts or Queensland walnuts (<i>Macadamia ternifolia</i>) and their products, excluding nuts used for the production of alcoholic distillates, including ethyl alcohol of agricultural origin.	NO	NO	NO
9. Celery and celery products.	NO	NO	NO
10. Mustard and mustard products.	NO	NO	NO
11. Sesame seeds and sesame seed products.	NO	NO	NO
12. Sulphur dioxide and sulphites at concentrations 10 mg/kg or 10 mg/litre for total SO are calculated for products offered ready for consumption or reconstituted according to the manufacturer's instructions.	NO	NO	NO
13. Lupins and lupin products.	NO	NO	NO
14. Molluscs and mollusc products	NO	NO	NO